



REGIMENTAL SPORTS NIGHT

References: Nil

GENERAL

1. The Regiment may hold unit sports training at various evenings throughout the training year. The Regimental sports night, is a recurring sports night that is conducted on the first training evening of the calendar year. It is organized by OC HQ Coy with assistance from the Regimental Association and Ops.

PARTICIPATION

2. All members of the Regiment are expected to attend this event. The Regiment will be divided into teams consistent with the separate messes, being the Officer's, Senior NCM's and Junior Ranks. The Regimental Association will assist with the scheduling and refereeing the various events. Regimental Ops will ensure that all of the sports equipment, food and beverages are ordered. The Honorary Colonel and Honorary Lieutenant-Colonel will be invited to view the sports events and to present the award to the PMC of the recipient mess.

THE EVENT

3. Each team will compete in a round robin like event where points are awarded for each win or tie. The sporting events may vary from year to year, and regularly include floor hockey, dodgeball, tug of war and volleyball. Following the competition and presentations, the Regiment will have food and beverage prior to dismissal to the messes.

AWARDING OF SPORTS TROPHY

4. The only trophy associated to the Regimental Sports Night, is the 'sports trophy'. This trophy is a gleaming white toilet seat. This will be awarded to the last place team as determined by the aggregate point scores. This award shall be displayed in the applicable mess of the presented team for the remainder of that calendar year.

The Princess of Wales' Own Regiment